

News from the



April 2022

The Berkshire Food Project seeks to alleviate hunger, food insecurity and social isolation by serving healthy, no cost meals and connecting people to other resources, all in a dignified and respectful manner

The Berkshire Food Project continues to provide meals to take home and heat up, every Monday, Wednesday, and Friday, from 11:30am to 1:00pm. This schedule will remain in effect for the foreseeable future.

ALL ARE WELCOME

The Berkshire Food Project
has served over 81,000 meals in 2021.
To all who have helped to make this possible



NOTE FROM THE EXECUTIVE DIRECTOR

As we move from winter to spring, the Food Project continues give out meals and other food items to our friends in need who file through the church hall at the First Congregational Church of North Adams. We provide food on Mondays, Wednesdays, and Fridays. Tuesdays and Thursdays are food prep days.

On any day of the week, we rely on volunteers. We could not do what we do without their consistent help. For example, on just one busy day – Monday, May 2 – nine volunteers provided the food project 24.5 hours of work.

According to the organization Independent Sector, the current estimated value of a volunteer hour is \$29.95. This metric alone indicates the value of what they offer. Other things are at least as important, such as the spirit, enthusiasm, and camaraderie our volunteers provide.

If you're interested in volunteering, you can send us a message through our website <https://berkshirefoodproject.org> or to me directly at director@berkshirefoodproject.org.

■ Mark Rondeau



Students from Williams College cleaned and cooked during a special workday on Saturday, April 16. With the students are, left, Darlene Ellis, BFP kitchen manager; third from left, Bridget Power, Catholic chaplain at Williams College; second from right, Tracy Finnegan, BFP board member. Below, Bridget washes potatoes.



We continue to be very thankful to Caretaker Farm for their WONDERFUL Produce.



Cricket Creek Farm for their gourmet cheeses!!!



High Lawn Farm for all their Milk



**THE BERKSHIRE FOOD PROJECT CONTINUES TO ACCEPT VOLUNTEER
APPLICATIONS**



Berkshire Food Project-

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Darlene Ellis, Kitchen Manager darlene@berkshirefoodproject.org

Caitlyn Johnson, Kitchen Assistant

Helen Romano, Kitchen Assistant

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